

VEGEWORTH CC	SALADS & SOUPS IN BULK	Tel: (011) 902-3208	Fax (admin): (011) 902-3816	Fax (orders): (011) 865-5149	AUG '14
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GAUTENG	PRETORIA	KWAZULU NATAL	MPUMALANGA	VAAL / SWAZILAND	BOTSWANA	N W PROVINCE
Tel: (011) 902-3208 Fax: (011) 902-3816 Cell: 083 487 6895	Tel: (011) 902-3208 Fax: (011) 902-3816 Cell: 083 487 6895	Tel: (031) 508-5144 (Spar only) Tel: (011) 902-3208 (Other) Cell: 083 487 6895	Tel: (011) 902-3208 Fax: (011) 865-5149 Cell: 083 377 7822	Tel: (011) 902-3208 Fax: (011) 902-3816 Cell: 082 975 3663	Tel: (011) 902-3208 Fax: (011) 902-3816 Cell: 082 975 3663	Tel: (011) 902-3208 Fax: (011) 902-3816 Cell: 082 975 3663

SALADS	PACK	Date:		Date:		Date:		Date:		Date:		SALADS	PACK	Date:		Date:		Date:		Date:		Date:	
		STK	ORD	STK	ORD	STK	ORD	STK	ORD	STK	ORD			STK	ORD	STK	ORD	STK	ORD	STK	ORD	STK	ORD
BABY POTATO	2.5kg											CURRY BEAN	2.5kg										
BACON, EGG, CHEESE & PASTA	2.0kg											CURRY NOODLE	2.5kg										
BARBEQUE CHICKEN PASTA	2.0kg											EGG MAYONNAISE	2.5kg										
BASIL PESTO PASTA	2.0kg											FARFALLE SMOKED CHICKEN & PEACH	2.0kg										
BEETROOT	2.5kg											FRUIT SALAD no juice	2.0kg										
BISMARK HERRING	2.5kg											GREEK PASTA	2.0kg										
CAJUN CHICKEN	2.5kg											HAM, CHEESE & PASTA	2.0kg										
HMR												KIDDIES VIENNA, CHEESE & PASTA	2.0kg										
CAPE MALAY CURRIED FISH	2.5kg											MANGO ACHAAR	2.5kg										
CARROT (HOT) CHILLI	2.5kg											MEXICAN	2.5kg										
CARROT, PINEAPPLE AND JUICE	2.0kg											*HMR*											
CHAKALAKA	2.5kg											MIAMI MACARONI	2.0kg										
HMR												MIXED FUSILI	2.5kg										
CITRUS CHICKPEA	2.0kg											MIXED VEGETABLE	2.5kg										
COLESLAW	2.5kg											MOROGO	2.5kg										
COPPER PENNY	2.5kg											*HMR*											
COUSCOUS	2.0kg											ORIENTAL SMOKED CHICKEN & PASTA	2.0kg										
CRAB STICK	2.5kg											ORIGINAL GREEK (no lettuce)	2.0kg										
CREAMED SPINACH	2.5kg											PASTA & HAM	2.5kg										
HMR												PASTA & SMOKED CHICKEN	2.0kg										

KINDLY PLACE YOUR ORDER BEFORE 12 NOON ON THE DAY BEFORE THE NEXT DAY'S DELIVERY IN YOUR AREA

ORDER CARD 02 (yellow)

Indicates: *HMR* = Home Meal Replacement

Website: www.vegework.co.za

PAGE 1 OF 2

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GAUTENG	PRETORIA	KWAZULU NATAL	MPUMALANGA	VAAL / SWAZILAND	BOTSWANA	N W PROVINCE
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SALADS	PACK	Date:		Date:		Date:		Date:		Date:		SALADS	PACK	Date:		Date:		Date:		Date:		Date:	
		STK	ORD	STK	ORD	STK	ORD	STK	ORD	STK	ORD			STK	ORD	STK	ORD	STK	ORD	STK	ORD	STK	ORD
POTATO	2.5kg											SPANISH RICE	2.0kg										
												HMR											
CREAMY POTATO & EGG	2.5kg											SPICY FRUIT	2.5kg										
												SALAD WITH CREAM											
CREAMY POTATO	2.5kg											SPICY NOODLE	2.5kg										
POTATO & BACON	2.5kg											SPICY PENNE	2.0kg										
												VEGETARIAN											
POTATO & BILTONG	2.5kg											TANGY GYPSY	2.5kg										
												(MUSHROOM)											
POTATO & EGG	2.5kg											3-BEAN	2.5kg										
RICE & CHICKEN	2.5kg											THREE CHEESE	2.5kg										
HMR												PENNE											
RICE & HAM	2.5kg											TURKISH LENTIL	2.0kg										
HMR																							
ROASTED VEGETABLE	2.0kg											TUNA NOODLE	2.5kg										
HMR																							
ROLL MOPS	2.5kg											VEGETARIAN	2.5kg										
(HERRING)																							
SMOKED CHICKEN	2.5kg											WALDORF	2.5kg										

SOUPS	PACK	Date:		Date:		Date:		Date:		Date:		SOUPS	PACK	Date:		Date:		Date:		Date:		Date:	
		STK	ORD	STK	ORD	STK	ORD	STK	ORD	STK	ORD			STK	ORD	STK	ORD	STK	ORD	STK	ORD	STK	ORD
(READY COOKED)												(READY COOKED)											
BEEF & BARLEY	2.5kg											GOULASH	2.5kg										
WITH VEGETABLES	500ml												500ml										
BEEF & BEAN	2.5kg											MINESTRONE	2.5kg										
WITH VEGETABLES	500ml												500ml										
BUTTERNUT	2.5kg											PEA & RUSSIAN	2.5kg										
	500ml											WITH VEGETABLES	500ml										
CHICKEN & NOODLE	2.5kg											POTATO,	2.5kg										
WITH VEGETABLES	500ml											MUSHROOM & LEEK	500ml										
CREAM OF	2.5kg											TOMATO	2.5kg										
MUSHROOM	500ml												500ml										

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PAGE 2 OF 2